

JANUARY

1) When Loving Hurts

Led by Chiyedza Timba and Lindie Hove

This course, for women who are in (or who have been in) hurtful and confusing relationships, is run over two school terms. It brings healing and helps change counter-productive ways of relating.

Date: Tuesdays, starts 17th January

Time: 9.00 am – 12 noon

Cost: \$50 per term plus weekly offering

2) Restoring Relationships

Led by Justice Marwisa and team

A 9 week course that will build and restore your marriage.

Date: Mondays, starts 23rd January

Time: 6.00 pm – 8.00 pm

Cost: \$80 per couple (includes manual each)

3) Grief Recovery – Support Group

Led by Margaret Chirunda and Joanna Stevenson

Any loss (divorce, job loss and especially losing a loved one) is a traumatic experience.

This 9 week course will help you recover.

Date: Wednesdays, starts 25th January

Time: 2.00 pm – 4.30 pm

Cost: \$40 per person (includes manual)

4) Quietening the Noise in Your Soul

Led by Brenda Smith

A half-hearted belief in an absolute God causes circling thoughts, upset feelings, bad attitudes and cravings.

Come trace the way out. This is an 8 week course by Dr Jim Berg.

Fridays, Starts 27th January

Time: 9.00am to 11.30pm

Cost: \$40 (includes manual)

5) Friday Seminar – Finding Contentment in all Life's Challenges

Led by Linda Lemming

Tired of being overwhelmed by feelings of worry, fear, doubt and depression? Come and learn how to manage these negative emotions.

Date: Friday 27th January

Time: 1.15pm to 2.15pm

Cost: \$5.00 each

Parenting Seminars - Sat 28th January

6) How to Get Your Kids to Talk

Led by Chrissie Edden

How do you get past – "Fine" and "Nothing" when finding out about your child's day? How do you provide that safe place for your child to talk to you about crucial issues. Come and find out.

Time: 9.00am to 10.00am

Cost: \$8.00 per couple - \$5.00 per person

7) 5 Ways to Show Love to your Children

Led by Leonard and Fiona Makoni

Most parents desperately love their children. Yet often children don't feel loved. Come and find out why.

Time: 10.30am to 11.30am

Cost: \$8.00 per couple - \$5.00 per person

FEBRUARY

8) Child, Youth and School Counsellor Course (afternoon workshop)

This programme consists of 12 modules (2 each term) and has been designed to help those who work with children and teens. Attending this course will equip you with the counselling skills and the knowledge you need.

Module 1 – Basic Counselling Skills

Led by Belinda Ferreira and Team

This workshop will equip you with some basic counselling skills and help you to identify children's emotional problems.

Date: Friday 3rd February

Time: 2.00pm to 5.00pm

Cost: \$20 per module

9) Ladies' Breakfast

Guest Speaker: Naz Rughnathi

Topic: How I found Christ in China

Come and hear Naz's fascinating story

Date: Saturday 4th February

Time: 8.00am -10.00am

Cost: \$10 per person. Book early for this popular and inspiring event

If you prefer you can skip breakfast and come just to the talk – cost \$5.00

Valentine Marriage Seminars - Saturday 11th February

10) Intimacy in Marriage

Led by Ian and Adie Wilsner

God's design for marriage is real openness and intimacy.

How do we enjoy what God intends?

Time: 9.00am to 10.00am

Cost: \$10.00 per couple

11) Love and Respect

Led by Tino and Tanaka Mawadza

If husband doesn't love, wife finds it hard to respect, which makes it hard for husband to love. Come and learn how to turn this into a positive cycle?

Time: 10.30am to 11.30am

Cost: \$10.00 per couple

12) Valentine's Dinner and 'Loving Marriage' Book launch

A very special dinner in our new Training Centre to celebrate your marriage. The new book – Loving Marriage (a revised and updated version of Restoring Relationships) will be launched.

Date: Saturday 11th February

Time: 6.30pm

Cost: \$50 per couple - \$60.00 for the whole day if you attend both morning seminars (numbers limited)

13) When Life Throws You Lemons

Led by Kuda Ncube

God seems far away when we go through tough times – but is He? How do we continue to trust Him even when the chips are down?

Date: Friday 24th February

Time: 1.15pm to 2.15pm

Cost: \$5.00 each

Saturday Seminars - Personal Matters - 25th February

14) Managing Debt

Led by Roy Chimankire

When should we borrow, when not? And how do we get out of debt?

Time: 9.00am to 10.00am

Cost: \$5.00 for seminar

15) Crucial Conversations

Led by Ian Rea

How do you bring up an awkward, uncomfortable subject with someone without damaging the relationship?

Time: 10.30am to 11.30am

Cost: \$5.00 each

16) Recovery from Addictions

Led by Wayne Mitchell

Alcohol, drugs, sex, food, people can all be addictive. Come and learn how to be free.

Time: 12.00 noon to 1.00pm

Cost: \$5.00 each

17) Ladies' Tea

Guest Speaker: Clorisa Ranganai

Topic: Issues Facing Women in Zim.

How do we survive and support our extended family?

Date: Saturday 25th February

Time: 2.00pm - 4.00pm

Cost: \$5 per person

MARCH

18) Child, Youth and School Counsellor Course (afternoon workshop)

This programme consists of 12 modules. See 8) overleaf.

Module 2 - Basic Counselling Skills, Part Two

Led by Belinda Ferreira and Team

Get trained to use the practical model of counselling and explore children's problem behaviours.

Date: Friday 3rd March

Time: 2.00pm to 5.00pm

Cost: \$20 per module

19) Basic Counselling Course

Led by Linda Lemming and CCC Team

Involved with people? Are you involved in leadership? Learn how to help people with their problems. This 3 day course will give you the vital skills needed to help people help themselves. The Basic is the first stage of our 2 year counsellor training.

Date: Saturdays, 11th, 18th, 25th March

Time: 9.00am to 4.30pm

Cost: \$100 (includes lunches, teas, manual and a book)

PLEASE NOTE: This course usually fills up so it is essential to book early. Also refunds will only be made if a cancellation is made a full eight days before the start of the course.

Cottage Fair - Saturday 1st April 9.00am to 2.00pm

CHRISTIAN Counselling CENTRE

To attend any of our seminars or courses, please register at the Centre or via our website. Payment can be made electronically, either by Bank transfer or using our Ecocash Merchant number - 34019

Need to Talk to Someone?

Counselling is offered to anyone (whatever their religion) who would like to talk confidentially to a counsellor. Counselling costs \$15 a session, payable in advance. To see a counsellor, please phone the Centre (see numbers below). Please note: we are not a walk-in crisis Centre, appointments have to be arranged.

About The Christian Counselling Centre

We are a Registered Trust. Our team of counsellors, drawn from many denominations, are all trained to an Advanced Level in Biblical Counselling.

Our Trustees:

Tava Gwanzura, Tony Roberts, Davison Kanokanga, Scott Marques, Ian and Adie Wilsher

Our Contact Details:

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CHRISTIAN Counselling CENTRE

Programme of Courses and Seminars
January - March 2017

